

# What to know when getting Henna Brows

## Pre Care and Contraindications:

- Must be 18 or older
- Not suitable for pregnant or breastfeeding women
- Notify your technician of any allergies or hair dye allergies
- Notify your technician of any skin conditions or irregularities in the area where the henna will be applied - not suitable for irritated or wounded skin
- Keep your brows clean and free of makeup for 12-24 hours prior if possible. This will ensure better absorption and longer lasting results
- Avoid spray tans or sunless tanning products for a minimum of 48 hours prior to your appointment. These products can interact with the henna and cause unwanted changes to the colors
- Self tanning products, body butters, sunscreens, and other really deep moisturizers can take a couple days to clear the skin cells. This may affect your henna stain. Avoid these for 48 hours before your appointment.
- Not suitable if you have had an allergic reaction to henna tattoos

## Post Care:

- Color will last up to 14 days on the skin and 5-7 weeks on the hair depending on skin condition and after care
- Your color will develop and darken over the next day following your treatment
- Avoid eye/brow makeup for 12 hours
- Avoid getting the brow area wet for 12 hours
- Avoid touching or rubbing the area immediately after treatment
- Avoid sunbathing for 24 hours
- Strong sunlight/UV light will make the effects fade faster
- Use oil free facial products around the eye area to prolong the results, oil based products will break the henna down faster
- Understand that oil breaks down these products - If you have oily/combo skin you may experience faster fading of henna
- If any redness or irritation occurs apply a damp cotton wool compress; If symptoms persist for more than 24 hours seek medical advice
- To maintain your results do not over exfoliate the area
- Avoid rubbing harsh soaps and chemicals on the area as this causes the effects to fade faster
- May be booked again as soon as 4 weeks after your treatment